



***Breathe New Life Into Your Life Yoga and Meditation Retreat  
with Santosha Yoga Retreats (Halli Bourne & Marisa Wolfe)***

***January 6 -8, 2012 in Truth or Consequences, NM***

***Take a break from it all and start out your year  
feeling renewed  
& refreshed!***

*To register, please complete both pages of this form, attach your deposit and return to Halli, Marisa or Santosha Yoga and Meditaton Retreats PO Box 146, Lemitar, NM 87823. We will contact you upon receipt to confirm your registration. We're so glad you will be joining us!*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Do you have any food allergies/dietary restrictions?

Do you have any medical conditions, physical limitations?

Have you practiced yoga and meditation before? If so, please explain just so we know your experience level.

What do you hope to gain from this retreat?

How did you hear about this retreat and what most made you want to join us?

For La Paloma:

Deluxe Room       Standard Room       Economy Room  
 Single Occupancy       Double Occupancy       Triple Occupancy  
My roommate(s) is (are) \_\_\_\_\_ .       I need a roommate

For Sierra Grande:

Single Occupancy       Double Occupancy (  1 bed or  2 beds)  
My roommate(s) is (are) \_\_\_\_\_ .       I need a roommate

Please indicate your first and second choices for the type of therapy you'd like to receive during the retreat (included in your retreat cost). *We will do our utmost to accommodate your first choice.*

Oil Massage  
 Thai Yoga Massage  
 Craniosacral Therapy  
 Spiritual Life Coaching

Please indicate your first and second choices of when you would prefer to receive your selected therapy:

Friday afternoon (Do you intend to arrive early, i.e. before 3pm? \_\_\_\_\_)  
 Saturday morning  
 Saturday afternoon  
 Saturday evening  
 Sunday morning

We are so looking forward to spending this restorative time with you!

I have enclosed my \$150 non-refundable deposit. *Full payment is due by Dec. 15.*  
 I have enclosed my full payment.

#### **CANCELLATION POLICY**

*Your deposit is non-refundable.* However, if you cancel your registration prior to Dec. 1, you may use that deposit toward another retreat with us within one year. The balance of your retreat (excluding your deposit) is fully refundable up to Dec. 15. Thereafter we cannot refund any monies.

By signing below, I indicate that I understand the cancellation and pricing policies and waive all liability incurred by my participation in this retreat and the activities involved.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Please mail your payment and your registration form to:**  
Santasha Yoga and Meditation Retreats PO Box 146 Lemitar, NM 87823  
505-417-1986